

07/01	07/02	07/03	07/04	07/05	07/06	07/07	07/08	
水	木	金	土	日	月	火	水	
10:30 ~ 11:00 Leg A AYUMI.O	close	10:30 ~ 11:00 Basic B AYUMI.O	10:30 ~ 11:00 Leg A AYUMI.O	close	close	10:30 ~ 11:00 Basic B AYUMI.O	10:30 ~ 11:00 Jump A AYUMI.O	
11:30 ~ 12:00 Basic A Kotono.N		11:30 ~ 12:00 Hip B AYUMI.O	11:30 ~ 12:00 Basic B MARIA.T			11:30 ~ 12:00 Hip A MARIA.T	11:30 ~ 12:00 Basic B AYUMI.O	
12:30 ~ 13:00 Waist A AYUMI.O		12:30 ~ 13:00 Basic A Kotono.N	12:30 ~ 13:00 Hip B AYUMI.O			12:30 ~ 13:00 Balance A AYUMI.O	12:30 ~ 13:00 Basic A Kotono.N	
13:30 ~ 14:00 Basic B AYUMI.O		13:30 ~ 14:00 Balance A AYUMI.O	13:30 ~ 14:00 Basic A MARIA.T			13:30 ~ 14:00 Waist A MARIA.T	13:30 ~ 14:00 Balance A AYUMI.O	
14:30 ~ 15:00 お試見学会 MARIA.T		14:30 ~ 15:00 Waist A AYUMI.O	14:30 ~ 15:00 Jump A MARIA.T			14:30 ~ 15:00 Basic B AYUMI.O	14:30 ~ 15:00 Basic B AYUMI.O	
close		15:30 ~ 16:00 Jump A MARIA.T	15:30 ~ 16:00 Basic B AYUMI.O			15:30 ~ 16:00 Basic B AYUMI.O	15:30 ~ 16:00 Basic B AYUMI.O	
17:30 ~ 18:00 Stretch A MARIA.T		17:30 ~ 18:00 Basic A Kotono.N	17:30 ~ 18:00 Hip A MARIA.T			close	17:30 ~ 18:00 Hip B MARIA.T	17:30 ~ 18:00 Basic B MARIA.T
18:30 ~ 19:00 Basic A Kotono.N		18:30 ~ 19:00 Hip A MARIA.T	18:30 ~ 19:00 Stretch A AYUMI.O				18:30 ~ 19:00 Basic B AYUMI.O	18:30 ~ 19:00 Hip A MARIA.T
19:30 ~ 20:00 Jump A MARIA.T		19:30 ~ 20:00 Basic A Kotono.N	19:30 ~ 20:00 Leg A MARIA.T				19:30 ~ 20:00 Stretch A MARIA.T	19:30 ~ 20:00 Basic A Kotono.N
20:30 ~ 21:00 Basic B MARIA.T		20:30 ~ 21:00 Leg A MARIA.T	20:30 ~ 21:00 Basic B AYUMI.O				20:30 ~ 21:00 Leg A AYUMI.O	20:30 ~ 21:00 Stretch A MARIA.T

07/09	07/10	07/11	07/12	07/13	07/14	07/15	07/16		
木	金	土	日	月	火	水	木		
close	10:30 ~ 11:00 Leg A AYUMI.O	10:30 ~ 11:00 Basic B MARIA.T	close	close	10:30 ~ 11:00 Basic B AYUMI.O	10:30 ~ 11:00 Back A MARIA.T	close		
	11:30 ~ 12:00 Basic A MARIA.T	11:30 ~ 12:00 Hip B MARIA.T			11:30 ~ 12:00 Waist A AYUMI.O	11:30 ~ 12:00 Basic A Kotono.N			
	12:30 ~ 13:00 Jump A AYUMI.O	12:30 ~ 13:00 Basic A Kotono.N			12:30 ~ 13:00 Basic A toshie.H	12:30 ~ 13:00 Hip A MARIA.T			
	13:30 ~ 14:00 Basic B MARIA.T	13:30 ~ 14:00 Leg A MARIA.T			13:30 ~ 14:00 Hip B AYUMI.O	13:30 ~ 14:00 Basic A Kotono.N			
	14:30 ~ 15:00 Basic A toshie.H	14:30 ~ 15:00 Basic A toshie.H			14:30 ~ 15:00 Basic A toshie.H	14:30 ~ 15:00 Basic A toshie.H			
	15:30 ~ 16:00 Stretch A MARIA.T	15:30 ~ 16:00 Stretch A MARIA.T			15:30 ~ 16:00 Stretch A MARIA.T	15:30 ~ 16:00 Stretch A MARIA.T			
	16:30 ~ 17:00 お試見学会 MARIA.T	16:30 ~ 17:00 Jump A MARIA.T			16:30 ~ 17:00 Jump A MARIA.T	16:30 ~ 17:00 Jump A MARIA.T			
	17:30 ~ 18:00 Hip B MARIA.T	17:30 ~ 18:00 Basic A Kotono.N			close	17:30 ~ 18:00 Jump A MARIA.T		17:30 ~ 18:00 Basic A toshie.H	17:30 ~ 18:00 Leg A AYUMI.O
	18:30 ~ 19:00 Basic A AYUMI.O	18:30 ~ 19:00 Hip A MARIA.T				18:30 ~ 19:00 Basic A Kotono.N		18:30 ~ 19:00 Waist A AYUMI.O	18:30 ~ 19:00 Basic A Kotono.N
	19:30 ~ 20:00 Waist A MARIA.T	19:30 ~ 20:00 Basic A Kotono.N				19:30 ~ 20:00 Hip A MARIA.T		19:30 ~ 20:00 Basic A toshie.H	19:30 ~ 20:00 Back A AYUMI.O
	20:30 ~ 21:00 Basic B AYUMI.O	20:30 ~ 21:00 Hip B MARIA.T				20:30 ~ 21:00 Basic B AYUMI.O		20:30 ~ 21:00 Basic B MARIA.T	20:30 ~ 21:00 Balance A AYUMI.O

07/17	07/18	07/19	07/20	07/21	07/22	07/23	07/24						
金	土	日	月	火	水	木	金						
10:30 ~ 11:00 Basic A Kotono.N	10:30 ~ 11:00 Waist A AYUMI.O	close	close	10:30 ~ 11:00 Hip A MARI.A.T	10:30 ~ 11:00 Basic A toshie.H	close	10:30 ~ 11:00 Back A AYUMI.O						
11:30 ~ 12:00 Balance A AYUMI.O	11:30 ~ 12:00 Basic A Kotono.N			11:30 ~ 12:00 Basic A Kotono.N	11:30 ~ 12:00 Balance A AYUMI.O		11:30 ~ 12:00 Basic A Kotono.N						
12:30 ~ 13:00 Basic A Kotono.N	12:30 ~ 13:00 Jump A AYUMI.O			12:30 ~ 13:00 Jump A MARI.A.T	12:30 ~ 13:00 Basic A toshie.H		12:30 ~ 13:00 Basic A AYUMI.O						
13:30 ~ 14:00 Waist A AYUMI.O	13:30 ~ 14:00 Basic A Kotono.N			13:30 ~ 14:00 Basic A Kotono.N	13:30 ~ 14:00 Waist A AYUMI.O		13:30 ~ 14:00 Basic A Kotono.N						
close	14:30 ~ 15:00 Hip B AYUMI.O			close	14:30 ~ 15:00 お試し見学会 MARI.A.T		close	close	close				
	15:30 ~ 16:00 Basic A Kotono.N												
	16:30 ~ 17:00 Back A AYUMI.O												
	17:30 ~ 18:00 Basic A toshie.H												
18:30 ~ 19:00 Hip B AYUMI.O	close			close	close		17:30 ~ 18:00 Basic B AYUMI.O	17:30 ~ 18:00 Hip A MARI.A.T	17:30 ~ 18:00 Basic B AYUMI.O	17:30 ~ 18:00 Stretch A AYUMI.O			
19:30 ~ 20:00 Basic A toshie.H							18:30 ~ 19:00 Hip B AYUMI.O	18:30 ~ 19:00 Basic A Kotono.N	18:30 ~ 19:00 Waist A AYUMI.O	18:30 ~ 19:00 Basic A toshie.H			
20:30 ~ 21:00 Leg A AYUMI.O							19:30 ~ 20:00 Basic A toshie.H	19:30 ~ 20:00 Jump A MARI.A.T	19:30 ~ 20:00 Basic A toshie.H	19:30 ~ 20:00 Jump A AYUMI.O			
close							close	close	close	20:30 ~ 21:00 Back A AYUMI.O	20:30 ~ 21:00 Basic B MARI.A.T	20:30 ~ 21:00 Balance A AYUMI.O	20:30 ~ 21:00 Basic A toshie.H
										17:30 ~ 18:00 Waist A MARI.A.T	17:30 ~ 18:00 Basic A toshie.H	17:30 ~ 18:00 Balance A AYUMI.O	17:30 ~ 18:00 Basic B MARI.A.T
										18:30 ~ 19:00 Basic A toshie.H	18:30 ~ 19:00 Waist A MARI.A.T	18:30 ~ 19:00 Basic A toshie.H	18:30 ~ 19:00 Back A MARI.A.T
										19:30 ~ 20:00 Back A MARI.A.T	19:30 ~ 20:00 Basic A toshie.H	19:30 ~ 20:00 Jump A AYUMI.O	19:30 ~ 20:00 Basic A toshie.H
close	close			close	close		20:30 ~ 21:00 Basic B MARI.A.T	20:30 ~ 21:00 Stretch A MARI.A.T	20:30 ~ 21:00 Basic B AYUMI.O	20:30 ~ 21:00 Leg A MARI.A.T			

07/25	07/26	07/27	07/28	07/29	07/30	07/31						
土	日	月	火	水	木	金						
10:30 ~ 11:00 Basic A Kotono.N	close	close	10:30 ~ 11:00 Basic B AYUMI.O	10:30 ~ 11:00 Hip A MARI.A.T	close	10:30 ~ 11:00 Basic B Kotono.N						
11:30 ~ 12:00 Back A MARI.A.T			11:30 ~ 12:00 Balance A AYUMI.O	11:30 ~ 12:00 Basic B Kotono.N		11:30 ~ 12:00 Balance A AYUMI.O						
12:30 ~ 13:00 Basic A Kotono.N			12:30 ~ 13:00 Basic A toshie.H	12:30 ~ 13:00 Hip B MARI.A.T		12:30 ~ 13:00 Basic A Kotono.N						
13:30 ~ 14:00 Jump A MARI.A.T			13:30 ~ 14:00 Hip B AYUMI.O	13:30 ~ 14:00 Basic A Kotono.N		13:30 ~ 14:00 Jump A AYUMI.O						
14:30 ~ 15:00 Basic A Kotono.N			close	close		close	close	close				
15:30 ~ 16:00 Leg A MARI.A.T												
16:30 ~ 17:00 Basic B MARI.A.T												
close									close	close	close	close
			17:30 ~ 18:00 Waist A MARI.A.T	17:30 ~ 18:00 Basic A toshie.H		17:30 ~ 18:00 Balance A AYUMI.O	17:30 ~ 18:00 Basic B MARI.A.T					
			18:30 ~ 19:00 Basic A toshie.H	18:30 ~ 19:00 Waist A MARI.A.T		18:30 ~ 19:00 Basic A toshie.H	18:30 ~ 19:00 Back A MARI.A.T					
			19:30 ~ 20:00 Back A MARI.A.T	19:30 ~ 20:00 Basic A toshie.H		19:30 ~ 20:00 Jump A AYUMI.O	19:30 ~ 20:00 Basic A toshie.H					
			20:30 ~ 21:00 Basic B MARI.A.T	20:30 ~ 21:00 Stretch A MARI.A.T		20:30 ~ 21:00 Basic B AYUMI.O	20:30 ~ 21:00 Leg A MARI.A.T					